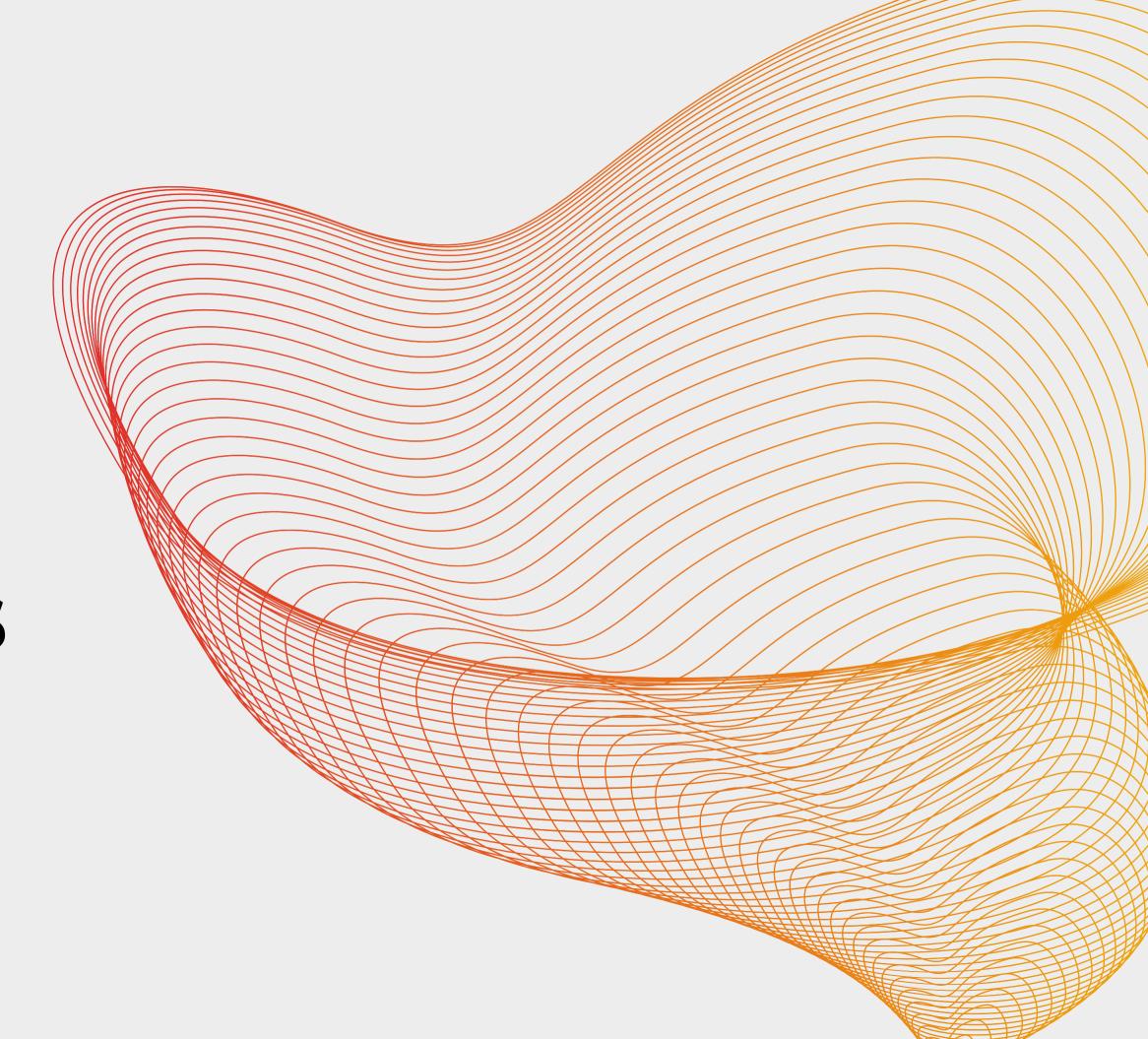


# Practical tips for becoming young leaders









## SELF CONFIDENCE

- Be conscious about yourself (strengths and weaknesses).
- Practice Self love
- Practice in the mirror
- Challenge yourself out of your comfort zone





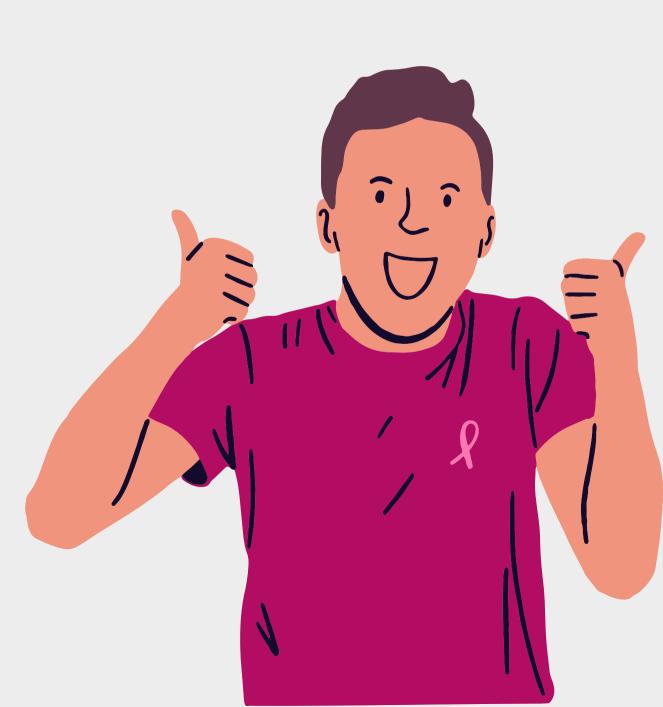
### COMMUNICATION

- Active listening
- Seek for feedback
- Don't be afraid of silence
- Study communication practices



# MOTIVATION

- Take care of your psychological state of mind
- Study how to support the state of mind of your team
- Self discipline By building habits
- Celebrate progress with the team as a whole
- Don't be the only to receive the credits after team's success
- Notice & address individual needs of your team members
- Be coherent
- Visualize your goals and Don't give up at the first obstacle.



### SELF DEVELOPMENT



- Practice how to share knowledge
- Never stop to expand your knowledge
- Learn to accept and deal with criticism
- Take inspiration from other leaders & peer learning with other aspiring leaders
- Don't be scared to ask to more experienced people.
- Develop your digital skills
- Keep yourself inform about present news
- Be open-minded and work on you flexibility and adaptability.





## RESPONSIBILITY

• Be bulletproof

Show strong to your team regardless your personal problems

- Take the responsibility as a Team leader after a failure
- Learn how to delegate
- Be proactive







Leaders of Tomorrow: Empowering Youth Workers for European Social Change 2024-3-IT03-KA153-YOU-000290116

www.youngleaders.it